

SFG Risk Assessment

IMPORTANT - PLEASE READ

We are going to try groups of 10 people plus the leader.

To do this we must take the usual precautions plus some extra Covid safety measures:

1. **When you have registered, please reply to the Eventbrite ticket confirmation email with your phone number** (this is in case there is an infection and you have to be contacted, but it will go no further to comply with privacy laws).
2. **Bring your own sanitiser** for use before starting the walk after touching gates and stiles etc., and before driving. Wash hands as soon as you are home.
3. **Bring your own face covering** for use; examples - if someone falls and needs help, or in a crowded space.
4. On narrow paths be prepared to go back to a wider section to allow others to come through.
5. Be no closer than the 2m social distance from the group members and from other walkers.
6. No car sharing, no lifts, no physical contact, no sharing walking sticks, drinks or food, except with family members.
7. Bring your Eventbrite ticket to show the leader (this can be on paper or on a mobile device). Do not bring another person unless a child under 11years, by arrangement with the leader.
8. Before a walk - if you or anyone you live with has symptoms of the virus, please do not attend, but stay home and self-isolate.
After a walk - if you have symptoms, contact NHS test and trace for instructions.

Finally: Check all of the above and tick off as a reminder. The leader will check you all have items 2 and 3.